

Date:	Time: 30 minutes	Grade: 2	Teacher: Ms. Williams
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Lesson #2

Provincial Learning Outcome: B3 – demonstrate proper ready position for locomotor movement skills
 B4 – demonstrate proper technique for performing specific manipulative movement skills including but not limited to the following ... forearm pass.

Learning Outcome	Sources of evidence	Criteria
Students will be able to: 1. Demonstrate the ready position 2. Show how to make a forearm pass	1. Observation of student while performing ready position. 2. Observation of student’s technique as they make a forearm pass, Ticket out the Door	1. Student will show knees bent, feet shoulder width apart, arms bent and in front of body, head up 2. Student will have arms extended at waist height, thumbs together, knees bent, and contact ball with lower forearms, no swing of arms when contact is made with balloon

Time	Student Activity	Class Organization
5 min	Instant Activity <i>One Behind:</i> Teacher demonstrates an action and students follow. Teacher performs a second action, but students still do the first one. Whenever the teacher changes the action, the students will always perform the previous one, therefore being “one behind” the teacher.	
1 min	Hook: <i>What is a “bump” in volleyball?:</i> Get students to guess what it is. Define what it means with the students.	
3 min	Series of Tasks: Starting task: Freeze tag with ready position. Students assume ready position when tagged. Students become unfrozen when classmate touches them on the shoulder.	
7 min	Balloon Play Starting task: students throw balloon up in the air and keep it up any way they like Task: use one arm, both arms, inside of arms Teacher demonstrates forearm pass Task: toss balloon and let it bounce off arms in forearm position and catch, repeat Cue: flat arms Cue: thumbs together Challenge: Can you bump the balloon 2 times in a row? 3 times? How many times? Cue: bend knees Teaching by invitation Toss balloon and perform the forearm pass while <ul style="list-style-type: none"> • standing • kneeling • sitting Cue: no swing	

5 min	<p>Challenge: how many times can you hit the balloon using the forearm pass in one of the above positions?</p> <p>Partner Balloon Play Starting task: toss balloon to partner who will bump it back to you. Catch and toss again. Switch roles. Task: toss balloon to partner who will bump it back to you. Instead of catching balloon, bump it pack to partner who will catch.</p>	
6 min	<p>Intratask variation Students who are having difficulty can use the one bump pass method (ie. bump & catch). More skilled students can progress to continuous bump passes. Challenge: how many times in 1 minute can you pass the balloon back and forth using the forearm pass with a partner?</p>	
3 min	<p>Closure Review the cues for the forearm (bump) pass. Ticket out the door: demonstrate/name one cue for the forearm pass.</p>	

Equipment	Adaptations	Extensions
1 balloon per student (18 total)	Dependent upon the class. Most, if not all of the students will be at the beginner level.	Circle Bump: students are in groups of 6. One student is in the middle of the circle and tosses the balloon to one of the students. Student uses a forearm pass. Process is repeated with remaining students around the circle. Switch middle person.